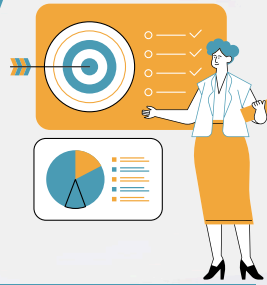




Literature Review



01. Define Your Research Question or Topic

Clearly articulate the research question or topic you want to explore. This will guide your search and help you stay focused.

- **Example**

If you're interested in the effects of social media on adolescent mental health, your question might be, "How does social media usage affect the mental health of adolescents?"

03. Evaluate and Select Sources

Critically assess the quality and relevance of the sources. Consider factors such as the credibility of the authors, the journal's reputation, and the study's methodology.

- **Example**

Prioritize peer-reviewed journal articles and studies from reputable institutions over non-scholarly sources.

05. Synthesize and Write the Review

Summarize the findings from the literature, discussing themes, patterns, and gaps. Provide a critical analysis rather than a simple

- **Example**

Highlight that while some studies show a correlation between high social media usage and anxiety, others suggest it can provide social support, indicating mixed effects.

Start with a Broad Search and Narrow Down

Begin with a wide scope to gather a comprehensive view, then narrow it based on relevance.

Look for Patterns and Gaps

Identify common findings and areas that lack research, which can guide your study.

Write Clearly and Cohesively

Ensure your review is well-structured, with a logical flow that ties together the literature.

Steps for Conducting Literature Review

1. *Define Your Research Question or Topic*

2. *Conduct a Comprehensive Search*

3. *Evaluate and Select Sources*

4. *Organize the Literature*

5. *Synthesize and Write the Review*

02. Conduct a Comprehensive Search

Use academic databases, libraries, and other resources to find relevant literature. Keywords and search terms should be aligned with your research question.

- **Example**

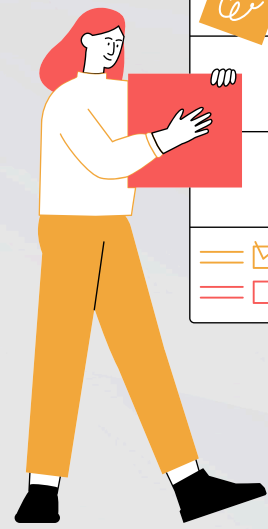
Use databases like PubMed, PsycINFO, or Google Scholar and search terms like "social media," "adolescents," and "mental health."

04. Organize the Literature

Group the selected literature into categories or themes that relate to your research question. This helps in identifying patterns and gaps.

- **Example**

Categorize the literature into themes such as "positive effects," "negative effects," and "neutral effects" of social media on mental health.



Tips for Conducting Literature Review

Use Reference Management Software

Utilize tools like EndNote, Mendeley, or Zotero to organize and manage your references.

Be Critical and Objective

Critically evaluate the methodologies and conclusions of studies, and avoid bias.